



**JEREMIAH GRANT**  
Bar and Eatery



---

**LUNCH MENU**

---



## STARTERS

- SOUP OF THE DAY (V)** €6.90  
*Served with our homemade rustic brown bread (1 WHEAT 2 5 6 8 11)*
- FIERY CHICKEN WINGS** €10.90  
*Tossed in Louisiana hot sauce served with our blue cheese dip (1 WHEAT 2 5 6 8 11)*
- CHILLI BEEF NACHOS** €11.50  
*Crispy nachos topped with melted cheddar, chilli beef, sour cream & jalapenos (5 6 8 11)*
- CRISPY GOATS CHEESE** €11.50  
*Fried Goats cheese in panko, served on a bed of rocket, pickled red cabbage & caramelised red onion with a spicy honey sauce (1 WHEAT 5 6 7 11 12)*

## SANDWICHES

(NO ALTERATIONS)

- BUFFALO CHICKEN WRAP** €10.50  
*Breaded chicken Strips, bacon and cheddar cheese with blue cheese and buffalo sauce in a toasted wrap (1 WHEAT 2 5 6 9 11)*
- SRIRACHA CHICKEN WRAP** €11.90  
*Chicken breast, home cooked ham & cheddar cheese with sriracha mayo toasted in a wrap (1 WHEAT 2 5 6 9 11)*
- CIABATTA CLUB** €10.90  
*Chargrilled chicken, bacon, mixed leaves, cheddar cheese & mayo toasted in a ciabatta (1 WHEAT 2 4 5 6 11 12)*
- CHICKEN & PESTO CIABATTA** €13.50  
*Chicken, homemade pesto, mozzarella, thinly sliced tomato & mayo toasted in a ciabatta (1 WHEAT 2 4 5 6 7 PINE NUTS 9 11 12)*
- HOT CHICKEN CIABATTA** €10.50  
*Chargrilled chicken, slow roasted cherry tomatoes, rocket, cheddar cheese with garlic mayo & hot sauce toasted in a ciabatta (1 WHEAT 2 4 5 6 11 12)*
- THE VEGGIE CIABATTA** €11.90  
*Mozzarella, slow roasted cherry tomatoes, aubergine, mixed leaves & basil pesto toasted in a ciabatta (1 WHEAT 2 4 5 6 7 PINE NUTS 11 12)*
- CLASSIC HAM & CHEESE TOASTIE** €10.50  
*Home cooked ham, cheddar cheese & mayo toasted in crusty Mueller & O' Connell sourdough bread with a side of ballymaloe relish (1 WHEAT 2 5 6 9 11)*
- TURKEY TOASTIE** €10.90  
*Home cooked turkey, mozzarella, cranberry, & butter toasted in crusty Mueller & O' Connell sourdough bread (1 WHEAT 2 5 6 8 11)*

**ADD CHUNKY CHIPS/SOUP €3**

## MAIN COURSE

- CHICKEN CAESAR SALAD** €15.90  
*Chicken breast, crispy bacon, cos lettuce, croutons & parmesan, tossed in a caesar dressing (1 WHEAT 2 5 6 9)*
- BEEF LASAGNE** €16.50  
*Our traditional beef lasagne served with garlic bread & a crisp house salad (1 WHEAT 2 5 6 8 9 11)*
- BEER BATTERED COD** €18.90  
*Fillet of cod, cooked in our fresh beer batter served with chunky chips, & tartar sauce (1 WHEAT 2 3 5 6 8 9 10)*

*All our beef is 100% Irish*

**CHICKEN STRIPS & CHIPS** €17.90

*Chicken pieces cooked until golden brown served with chunky chips, salad, garlic dip & our red slaw (1 WHEAT 2 5 6 8 9 11)*

**THE LAST MEAL** €29.90

*8oz Black Angus Steak Striploin cooked to order and accompanied with cherry tomatoes, sautéed onions and mushrooms and pepper sauce. A choice of mash or our chunky chips (1 WHEAT 2 5 6 8 9 11)*

 **BURGERS** 

**THE CAPTAIN STACK BURGER** €17.90

*2 smashed beef patties topped with cheddar cheese, lettuce, tomato, sautéed onions & relish in a brioche bun with chunky chips (1 WHEAT 2 5 6 8 9 11 12)*

**JACK GRANTS BURGER** €17.90

*2 smashed beef patties topped with lettuce, tomato, crispy onions, applewood cheese & our homeade Jack Daniels sauce in a brioche bun served with chunky chips (1 WHEAT 2 5 6 8 9 11 12)*

**CHICKEN SLAW BURGER** €17.90

*Southern fried chicken breast burger with our own sweet red slaw, lettuce, tomato & mayo in a brioche bun served with chunky chips (1 WHEAT 2 5 6 8 9 11 12)*

**HAWAIIAN CHICKEN BURGER** €16.50

*Chicken breast topped with crispy bacon, pineapple, cheddar cheese, lettuce, tomato, & mayo in a brioche bun served with chunky chips (1 WHEAT 2 5 6 8 9 12) GF Option Available*

**MARY'S VEGGIE BURGER** €16.00

*Beetroot patty topped with lettuce, tomato, sautéed onions & mayo in a beetroot bun served with sweet potato fries (1 WHEAT 2 5 6 12)*

**TOFU BURGER** €19.50

*Tofu patty, topped with relish, sautéed onions, lettuce & tomato in a gluten free bun served with sweet potato fries (5 8 9 12)*

 **LOADED CHIPS** 

**GARLIC** €4.70

*Chunky chips topped with garlic mayo (1 WHEAT 2 5 6 8 9 11)*

**GARLIC CHEESE** €5.00

*Chunky chips topped with garlic mayo & cheddar cheese (1 WHEAT 2 5 6 8 9 11)*

**BACON CHEESE** €6.00

*Chunky chips topped with crispy bacon & cheddar cheese (1 WHEAT 2 5 6 8 9)*

**JD CRISPY CHEESE** €7.00

*Chunky chips topped with our own Jack Daniels sauce, cheddar cheese & crispy onions (1 WHEAT 2 5 6 8 9 11)*

**CHILLI CHEESE BEEF** €9.00

*Chunky chips topped with cheddar cheese, chilli beef, sour cream & jalapenos (1 WHEAT 2 5 6 8 9 11)*

 **SIDES** 

**COLESLAW (2 6)** €2.00

**CREAMY MASH (6)** €3.00

**STEAMED RICE** €3.00

**SEASONAL VEG (GF) (6 11)** €3.00

**TOSSED SALAD (GF) (5 9 11)** €3.00

**CHUNKY CHIPS (1 WHEAT 2 5 6 8 9)** €4.00

**SWEET POTATO CHIPS (1 WHEAT 5)** €5.00

 **DIPS** 

**BLUE CHEESE (2 6)** €1 **GARLIC MAYO (2 11)** €1

**BBQ (9)** €1 **HOT SAUCE (6)** €1

**TARTAR (2 9)** €1 **PEPPER SAUCE (1 5 6)** €1

**JACK DANIELS (1 5 11)** €2 **GRAVY (1 5 6)** €1

**SRIRACHA MAYO (2)** €1 **SWEET CHILLI** €1

**SWEET CHILLI MAYO (2)** €1

## DESSERTS

<b>APPLE PIE</b>	<b>€7.90</b>
<i>Served with your choice of fresh cream or ice cream (1 WHEAT 2 6 7 11)</i>	
<b>CHOCOLATE BROWNIE (GF)</b>	<b>€9.90</b>
<i>Served with vanilla ice cream &amp; chocolate sauce (2 5 6 7 12)</i>	
<b>BELGIAN WAFFLE</b>	<b>€8.90</b>
<i>Served with vanilla ice cream &amp; caramel sauce (1 WHEAT 2 5 6 7 12)</i>	
<b>OREO SUNDAE</b>	<b>€8.00</b>
<i>Vanilla ice cream, chocolate sauce, oreo biscuit &amp; whipped cream (1 WHEAT 2 5 6 7)</i>	
<b>STICKY TOFFEE PUDDING</b>	<b>€8.50</b>
<i>Served whipped cream (1 WHEAT 2 4 5 6 7)</i>	
<b>BAILEYS CHEESE CAKE</b>	<b>€9.90</b>
<i>Served with fresh cream &amp; chocolate sauce (1 WHEAT 5 6 11)</i>	
<b>WHITE CHOCOLATE CHEESE CAKE</b>	<b>€9.90</b>
<i>Served with fresh cream &amp; chocolate sauce (1 WHEAT 4 5 6 7)</i>	
<b>DEATH BY CHOCOLATE</b>	<b>€9.90</b>
<i>Served with vanilla ice cream (1 WHEAT 2 5 6)</i>	

## COFFEE

<b>ESPRESSO</b>	<b>€3.00</b>
<b>AMERICANO</b>	<b>€3.40</b>
<b>FLAT WHITE (6)</b>	<b>€3.70</b>
<b>CAPPUCCINO (6)</b>	<b>€3.90</b>
<b>LATTE (6)</b>	<b>€3.70</b>
<b>HOT CHOCOLATE (6)</b>	<b>€3.90</b>

## WALL & KEOGH SPECIALTYTEAS

<b>IRISH BREAKFAST TEA</b>	<b>€2.70</b>
<i>Loose leaf black tea</i>	
<b>PEPPERMINT BLEND</b>	<b>€3.50</b>
<i>Organic peppermint, passion flower, lemon balm and lavender flowers</i>	
<b>PUT THE CAT OUT: LOOSE TISANE</b>	<b>€3.50</b>
<i>Organic chamomile flowers, lime blossom, lavender, mint and liquorice leaves</i>	
<b>SOUTH OF FRANCE: FLAVOURED FRUIT INFUSION</b>	<b>€3.50</b>
<i>Organic hibiscus, raisins, elderberries, blackcurrant leaves and redcurrant</i>	
<b>MORROCAN DUSK</b>	<b>€3.50</b>
<i>Loose flavoured and scented green</i>	

## Allergens

1 Gluten	2 Eggs	3 Fish	4 Peanuts
5 Soybeans	6 Milk/Dairy	7 Nuts	8 Celery
9 Mustard	10 Lupin	11 Sulphur dioxide & sulphites	
12 Sesame Seeds	13 Molluscs	14 Crustacean	